WVCC FAME Assessment Performed by:

| Participant Information | | |
|-------------------------|------------|------------|
| Name | | |
| Address | | |
| Date of Birth | Tel (home) | |
| Emergency Contact | Name: | Telephone: |

| Information on Stroke | | |
|--------------------------|----------------------|------------|
| Date of Stoke (dd/mm/yy) | | |
| Post Stoke Impairments | Left Sided Weakness | Memory |
| | Right Sided Weakness | Attention |
| | Communication | Perception |
| | Shoulder Pain | Vision |

| Assistive Devices | Ankle Foot Orthosis AFO | Shoulder Brace/Sling |
|--------------------------------|-------------------------|----------------------|
| | Cane | Walker |
| When do you use these devices? | | |

| Other Medical Conditions | | |
|--------------------------|---|---|
| Osteoarthritis | Knee | Hip |
| | Ankle | Other: |
| Osteoporosis | | |
| Cardiovascular Condition | Congestive Heart Failure Heart Attack Heart Surgery Arrhythmia | High Blood Pressure Valve Disease Angina Other: |
| Respiratory | Asthma Bronchitis Pneumonia Emphysema | Shortness of breath at rest or with activity Dry cough Other: |
| Diabetes | Type 1 (Insulin Dependent) | Type 2 (Adult Onset) |
| Recent Surgeries: | | |
| Allergies: | | |
| Other Conditions: | | |

| Safety – Risk of Falls | | | |
|------------------------|-------------------|-----------|--|
| Low Risk | Intermediate Risk | High Risk | |
| | | | |
| List of Medications: | | | |

| • | stand for 5 m | | | |
|----------|---------------|--------------|--------------|---------------|
| Can they | walk for 10 m | neters (with | or without a | walking aid)? |
| ^ | | | | |

Can they answer YFS to all these Points?

Can they communicate with the instructor?

Follow instructions verbally or in combination with gestures and demonstrations? Let the instructor know if they have pain, or do not want to do a particular exercise?

Can they go to the washroom by themselves?

Do they want to improve their walking, fitness, balance, and help prevent a second stoke?

| Doctor's name: |
|-------------------------|
| |
| Doctor's approval: |
| (attached) |
| |
| Additional information: |
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